Frequently Asked Questions

What is Bioresonance Hair testing?

Bioresonance therapy is one of a number of procedures including homeopathy, acupuncture and other naturopathic procedures within the area of empirical healing.

Bioresonance therapy was invented in Germany in 1977 by Franz Morell and his son-in-law, engineer Erich Rasche.

The concept of bioresonance is that the machine's electromagnetic waves create a resonance in our body's cells which, in turn, brings about the desired effects.

BioResonance is a safe and gentle, non-invasive alternative therapeutic technique designed on the premise that all particles of matter generate electromagnetic energy.

How is a hair sample tested for sensitivities?

A hair sample is tested for sensitivities through a process called Bioresonance Testing. This method involves analysing the electromagnetic frequencies emitted by the hair sample. The test evaluates the body's response to these frequencies, which correspond to various substances or items. By detecting changes in electromagnetic waves, bioresonance testing identifies potential sensitivities or intolerances to certain foods, environmental factors, or other substances. During the test, the hair sample is exposed to specific frequencies associated with different items or substances, and the equipment measures the body's reaction, providing insights into potential sensitivities. This non-invasive method is suitable for most individuals.

How accurate is testing by hair?

Bioresonance testing is quickly growing in popularity. As an alternate and non-invasive method for identifying potential intolerances. It offers a great balance of accuracy, speed and affordability. This ensures you get the answers you are looking for enabling you to make changes to your diet. You can stop experiencing the unpleasant and uncomfortable symptoms of food intolerances. Throughout many years of bioresonance hair testing, thousands of customers have informed us how these tests have changed their life and eased their unwanted symptoms. Sensitivity testing is a great starting point to identify potential dietary and lifestyle changes which can have a profound impact upon one's life.

Please note, bioresonance therapy is categorised under Complementary and Alternative Medicines (CAMs) which covers a wide range of therapies that fall outside mainstream medicine. Tests and related information provided do not make a medical diagnosis nor is it intended to be a substitute for professional medical advice, diagnosis or treatment. Always seek the advice of their doctor or other qualified health provider if you have a medical condition or with any questions you may have regarding a medical condition and/or medical symptoms.

Does this test test for allergies?

It is important to reiterate that this test is NOT for allergy. It is easy to confuse allergy and sensitivity or intolerance as the different terms are often used interchangeably, which leads to misinterpretation. Allergy and sensitivity are not the same. Of course if someone is allergic to a food item it could be described as being 'sensitive' however as a health condition allergy is different from sensitivity or intolerance. There are a couple of fundamental differences between allergy and sensitivity; having food sensitivity may be uncomfortable and cause symptoms that, whilst annoying, embarrassing or even debilitating, do not have the potential to be life-threatening like those caused by food allergy; food sensitivities can also change over time, it can often be managed through implementation of a food elimination diet and/or dietary changes, however food allergy tends to be lifelong. The physiological response occurring in the body during an allergic reaction differs entirely from that of intolerance or sensitivity. Allergic reactions entail the activation of the immune system and the involvement of antibodies, whereas intolerance or sensitivity does not. Since hair testing does not assess antibody levels, it cannot be employed to test for allergies.

Can children use these tests?

We believe that any symptoms experienced by young children under the age of 6 should be looked into and explored by a medical professional or physician. This is because the body, including the digestive and immune systems of an infant or toddler, is still undergoing rapid development and change. . If you decide to proceed with testing, we recommend ensuring your child receives a balanced diet while following the elimination phase. It's worth noting that even for older children certain sections aren't applicable in the same way as they are for adults, in particular - stress & inflammation, hyaluronic acid & collagen.

Do you have to cut the hair or pull it out?

You do not have to cut hair, it can be pulled out from the root. Hair can also be taken from a comb or hair brush if easier.

My hair is very short. Can you still complete the tests?

Your hair does not have to come from your head. It can come from your leg, arm or even chest. Please do not provide pubic hair.

My hair is dyed, will this affect the result?

This will not have any effect on the results based on the testing method used.

What does the test include?



1,200+ item Sensitivity Test

Testing across these categories:

- ✓ Food sensitivities
- ✓ Non-food sensitivities
- ✓ Metal sensitivities
- ✓ Mineral analysis
- ✓ Vitamin A-K
- ✓ Additives
- ✓ Gut health
- ✓ Digestion
- ✓ Gut biome
- ✓ Hormone testing
- ✓ Anti-aging
- ✓ Stress & inflammation
- ✓ Sleep
- ✓ Skin health
- ✓ Nutrition

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